

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026**Results****Event 231 Women 14-16 4x200 LC Meter Freestyle Relay**

Team	Relay		Finals Time	
1 Co Cardiff	A		8:58.84	
1) Allen, Isabel 15	2) Jones, Maisie 16			
3) Richards, Faith 16	4) Anderson, Rosalie 16			
31.72	1:06.43	1:41.79	2:15.76	
30.18	1:03.63	1:38.19	2:11.94	
31.48	1:06.56	1:42.02	2:16.99	
30.34	1:04.47	1:40.02	2:14.15	
2 Torfaen D	A		9:13.52	
1) Roberts, Rosie 14	2) Reasons, Darcy 14			
3) Davies, Macy 14	4) Sweet-Roberts, Pip 14			
31.14	1:06.46	1:42.59	2:17.20	
30.94	1:05.44	1:40.85	2:15.29	
31.91	1:08.53	1:46.21	2:23.10	
31.01	1:06.67	1:43.03	2:17.93	
3 Pembs Cty	A		9:19.44	
1) Nichols, Grace 16	2) Thompson, Freya 16			
3) Dash, Amelie 15	4) Griffiths, Cerys 16			
30.88	1:05.83	1:41.55	2:15.43	
32.68	1:09.03	1:46.31	2:24.03	
33.42	1:11.30	1:51.27	2:31.21	
28.82	1:01.02	1:35.68	2:08.77	
4 Wrexham	A		9:21.82	
1) Prevete, Sofia 14	2) Elson, Caitlin 14			
3) Lewis-Jones, Idele 15	4) Devin, Erin 16			
31.84	1:07.26	1:44.80	2:21.56	
31.51	1:08.39	1:45.74	2:22.64	
32.88	1:09.32	1:46.52	2:21.99	
29.67	1:03.82	1:39.86	2:15.63	